



Massage Leads To A More Productive Workforce

Daniels Fitness Group introduces the Cyclo-ssage Personal Massage System

It has often been said that a company's greatest asset is its workforce - whether your company has 2 or 2000 employees its wealth depends very heavily on your staff's health. Leading health and fitness provider Daniels Fitness Group actively encourages employers to take a proactive approach to wellness and is complementing their range of services with the launch of the Cyclo-ssage personal massage system.

This medically approved, remote controlled system offers the ultimate relaxing experience and can be used for general relaxation or relief from common health and lifestyle conditions such as arthritis, back pain or poor circulation. Incorporating nine massage units, it provides a non-invasive massage, targeting six different zones in the body; the neck, shoulders, lumbar region, hips, hands and feet.

"Staff can take just 15 minutes away from their desk for a full body massage and come back feeling refreshed and energised." says Anna Daniels, director of the Daniels Fitness Group. "The system is fully portable and easy to use - I have one in my office and use it regularly. I love the fact that a few minutes of relaxation on the Cyclo-ssage help me to work harder and more effectively."

"Employers must not delay taking a proactive approach to wellness: how they manage the wellbeing of their staff is important because the healthier their workforce is the more effective and productive they become."

For more details contact Daniels Fitness Group on 01580 200048 or visit: www.danielsfitnessgroup.co.uk

